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Lancashire Care Lifting the Lid on Mental Health Information



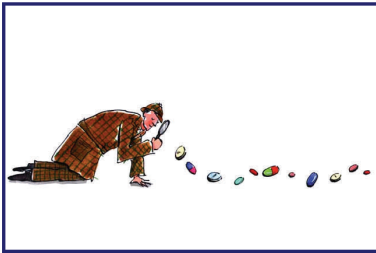
Current Awareness in Mental Health



Carmel Jackie Viv Sue
The Library Team

Keep Up-to-date with Current Mental Health Information at our new Portal:
<http://lancashirecare.wordpress.com> available 24hours a day

Lancashire Care Foundation Trust Goes Global with new Mental Health Portal for all Staff and Users



New Resource Guide

Quick & Easy Guide to using the [Lancashire Care Library Blog](#) now available to view online in our Resources Guides. You can either view online, save or print. The blog allows you to view Current Awareness every day, access journals and more Have a look at our other Guides too, [Easy Guide to Literature Reviews](#), [Quick Guide to Healthcare Databases](#)

If you would like any of the articles featured in this bulletin please email or call. There is now an [Archive of Past Issues](#) available click on this link.

Journal Articles

- Musters, C. et al. (2008) British Medical Journal 337 (7666) 399-403
[Management of postnatal depression.](#)
- Large, M. **Shaw, J** et al. (2008) British Journal of Psychiatry 193 (2) 130-133.
[Homicide due to mental disorder in England & Wales over 50 years.](#)
- Kalpna, D. & Williams, P.S. (2008) Psychiatric Bulletin 32 (8) 284-287
[Relationships between residents in secure psychiatric units: are safety & sensitivity really incompatible?](#)
- Alexopoulos, G.S. et al. (2008) International Journal of Geriatric Psychiatry 23 (8) 782-788
[Problem solving therapy for the depression-executive dysfunction syndrome of late life.](#)
- Hawton, Keith** . et al. (2008) Psychiatric Bulletin 32 (8) 309-311
[Help is at hand for people bereaved by suicide and other traumatic death.](#)
- Tsang, H.W.H. et al. (2008) British Journal of Clinical Psychology 47 (3) 335-9
[Effects of mindful & non-mindful exercises on people with depression: a systematic review](#)
- Latimer, E.A. (2008) Evidence Based Mental Health 11 52
[Individual placement & support programme increases rates of obtaining employment in people with severe mental illness.](#)

Reports/Documents



Older People & Wellbeing

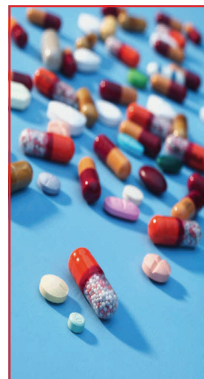
Although the UK population is living longer and is in better health than ever, older people are not getting any happier. There is some evidence that older people may be becoming decreasingly satisfied, lonelier and more depressed

Evidence-based guidelines for treating depressive disorders with antidepressants: A revision of the 2000 BAP guidelines, 27th Aug 2008

These guidelines cover the nature and detection of depressive disorders, acute treatment with antidepressant drugs, choice of drug versus alternative treatment, practical issues in prescribing and management, next-step treatment, relapse prevention, treatment of relapse, and stopping treatment.

Statistics on Drug Misuse: England 2008,

22nd August 2008
This annual statistical report presents information on drug misuse among both adults and children. It includes a focus on young adults



More Mindfulness Articles on the BLOG

Focus on Mindfulness



[Combining mindfulness meditation with Cognitive-behaviour therapy for insomnia: A treatment-development study](#)
Behavior Therapy, Volume 39, Issue 2, June 2008, Pages 171-182

[Mindfulness-based stress reduction training for oncology patients: Patients' appraisal and changes in well-being](#)
Patient Education and Counseling, Volume 72, Issue 3 September 2008, Pg. 436-442

[Mindfulness with children and adolescents: Effective clinical application](#)
Clinical Child Psychology and Psychiatry 2008 13: 395-407

[Relaxation training for anxiety: A ten-year systematic review with meta analysis](#) *BMC Psychiatry 2008, 8:41*

[Mindfulness-based cognitive therapy: Further issues in current evidence and future research](#)
Journal of Consulting and Clinical Psychology, Vol.76, (3), June 2008, Pg. 524-529

[Treatment-resistant depressed patients show a good response to Mindfulness-based cognitive therapy](#)
Behaviour Research and Therapy, Vol. 45, (3), March 2007, Pg. 617-625