

Date: June 2008
Volume 1 Issue 7

Lancashire Care NHS Foundation Trust
Library & Information Service
Lantern Centre, Vicarage Lane, Preston, PR2 8DY
Tel: 01772 773510
Web: <http://lancashirecare.wordpress.com>
Email: academic.library@lancashirecare.nhs.uk

Lancashire Care Lifting the Lid on Mental Health Information

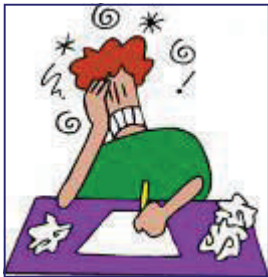
Current Awareness in Mental Health



Carmel Jackie Viv Sue
The Library Team

Keep Up-to-date with Current Mental Health Information at our new Portal:
<http://lancashirecare.wordpress.com> available 24hours a day

Lancashire Care Foundation Trust Goes Global with new Mental Health Portal for all Staff and Users



If you want help finding articles, keeping up to date or need help navigating around the new Library Blog please contact me Sue Jennings on susan.jennings@lancashirecare.nhs.uk to arrange an appointment.

Featured E-Book of the Week - [Total Health Promotion: Mental Health, Rational Fields and the Quest for Autonomy](#) It is generally agreed that there are two fundamental aspects to health promotion: the end result, which is improved health and well-being; and the means, which is enabling people and communities to take charge of aspects of their lives which affect their health.

For training or Athens username and password please email: susan.jennings@lancashirecare.nhs.uk

Journal Articles

Lancaster, G.A. et al. (2008) Journal of Psychiatric and Mental Health Nursing 15 (4) 306-312

[Does the position of restraint of disturbed psychiatric patients have any association with staff and patient injuries?](#)

Shen, G.H.C. et al. (2008) Bipolar Disorders 19 (4) 520-529

[Social rhythm regularity and the onset of affective episodes in bipolar spectrum individuals](#)

Bell, D.M. & Cameron, L. (2008) British Journal of Learning Disabilities 36 (2) 122-127

[From Dare I say? to I dare say: a case example illustrating the extension of the use of Talking Mats to people who are able to speak well but unwilling to do so](#)

Valenzuela, M.J. (2008) Current Opinion in Psychiatry 21 (3) 296

[Brain reserve and the prevention of dementia](#)

Sonke, A. et al. (2008) International Journal of Geriatric Psychiatry
[The patient with dementia, the caregiver and the doctor: cognition, depression and quality of life from three perspectives](#)

Hodgins, S. et al. (2008) Psychological Medicine 38 (7) 975-987

[From conduct disorder to severe mental illness: associations with aggressive behaviour, crime and victimization](#)

Reports/Documents

[See me, not just the dementia: Understanding people's experiences of living in a care home](#) June 2008



A new report focusing on the quality of care for people with dementia, to improve services and stamp out bad practice. This special report includes filmed interviews.

[Paying the Price: The Cost of Mental Health Care in England to 2026](#)

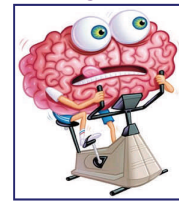
This report into the costs of meeting the mental health needs of the nation over the next 2 decades, reveals that mental illness in England cost £50 billion in 2007. Almost half, £22.5 billion represents money spent on direct NHS and social care services to support people with mental disorders.

[Be Head Strong website launched by the Alzheimer's Society](#)

Dementia Awareness Week™ 2008 aims to encourage people to take control of their lives by making simple changes in their behaviour. In so doing they can reduce their risk of developing dementia. This site gives you practical information about reducing your risk of dementia, and keeps you up-to-date with events in your local area during Dementia Awareness Week.

Focus On

Healthy Bodies



Healthy

Minds

Humphrey Bebbe, L (2008) Perspectives in Psychiatric Care, 44 (1) 25-31

[Obesity in schizophrenia: Screening, monitoring and health promotion](#)

Smith, J (2008) Psychiatric Bulletin, 32, 166-169

[Exploration of in-patient attitudes towards smoking within a large mental health trust](#)

Harbottle, L (2008) Journal of Mental Health, Online Early, 1-13

[Nutrition and depression: A review of the evidence](#)

[National Knowledge Week 2008: Childhood Obesity Surveillance and Prevention](#)

Collection of resources, reports, articles, and more take a look.

[Statistics on Alcohol: England 2008](#)



Covers health issues relating to alcohol in England. Topics such as drinking habits and behaviours among adults and school children, drinking related ill health and mortality, affordability of alcohol.