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Volume 1 Issue 4

Lancashire Care NHS Foundation Trust
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Lancashire Care Lifting the Lid on Mental Health Information

Current Awareness in Mental Health



Carmel Jackie Viv Sue
The Library Team

Keep Up-to-date with Current Mental Health Information at our new Portal:
<http://lancashirecare.wordpress.com> available 24hours a day

Lancashire Care Foundation Trust Goes Global with new Mental Health Portal for all Staff and Users



E-Books

There are currently 40 books available via E-books on the blog. This number will increase as more books are added over the next few months. They are divided up into Topic areas for ease of use. Just click on the E-book title, click on **Access through Athens** OR if you reach the Athens box simply enter your Athens Username and Password, (if you do not have any Athens username & password simply contact the library and we will email you an Athens U & P.) When you have entered

your Athens username and password click enter and you will be taken directly to the E-Book. Any problems gaining access please contact susan.jennings@lancashirecare.nhs.uk

Journal Articles

Williams, J M G (2008) Journal of Affective Disorders, 107 (1-3) 275

Mindfulness-based Cognitive Therapy (MBCT) in bipolar disorder: Preliminary evaluation of immediate effects on between-episode functioning

Dr Alistair Smith, L. Graham, & S. Senthinathan, 2007) British Aging and Mental Health, 11 (3), 346

Mindfulness-based cognitive therapy for recurring depression in older people: A qualitative study.

Lancashire Care NHS Foundation Trust

Voruganti, L P et al. (2008) Current Opinion in Psychiatry, 21 (2) 133

New generation antipsychotic drugs and compliance behaviour

Zigmond, T (2008) Advances in Psychiatric Treatment, 14 81-83

Changing mental health legislation in the UK

Das-Munshi, J (2008) British Journal of Psychiatry, 192 166-170

Public health significance of mixed anxiety and depression: beyond current classification

Marshall, M B (2008) Journal of Clinical Psychology, 64(3)

Self-criticism predicts differential response to treatment for major depression.

Reports/Documents

Schizophrenia Annual Evidence Update 18th April 2008



<http://www.library.nhs.uk/mentalhealth/ViewResource.aspx?resID=281587>

Featuring the latest evidence on risk factors and genetics; diagnosis; treatment; prognostic factors; and specific populations, with a special evidence review from the Ethnicity and Health SL on Schizophrenia and Ethnic Minorities in Britain.

Sainsbury Centre for Mental Health Making Recovery a Reality

The policy paper suggests that mental health services need to offer people more opportunities to get their lives back and focus less on medication and symptom control.

Commissioning Toolkit on Improving Access to Psychological Therapies
Department of Health, 11th April 2008

The (IAPT) programme aims to help PCTs implement NICE Guidelines for people suffering from depression and anxiety disorders. This Toolkit is designed to help PCTs improve or establish stepped care psychological therapies following NICE guidelines. It brings together a wide range of existing tools and guides and includes positive practice examples.

Recommended Resources

Hot off the Press from

Hawton

Life problems and deliberate self-harm: Associations with gender, age, suicidal intent and psychiatric and personality disorder. *Journal of Affective Disorder, March 2008*

Psychosocial assessment following self-harm: Results from the Multi-Centre Monitoring of Self-Harm Project *Journal of Affective Disorders Volume 106, Issue 3, March 2008, Pages 285-293*

Adolescents' views on preventing self-harm: A large community study *Social Psychiatry and Psychiatric Epidemiology, February 2008, Vol.43 (2), pages, 96 -104,*

Study Skills

Study Guide - What is Research and Why Should We Use It? *Loretta Bellman, British Journal of Healthcare Assistants, Vol. 1, Iss. 9 13 Dec 2007, pp 411 - 414*

Do you know if the care that you are providing for your patients is based upon up-to-date research evidence? This article provides a starting point for understanding research evidence - what is it and where does it come from?

Synthesis of qualitative research and evidence-based nursing. *Kate Flemming British Journal of Nursing, Vol. 16, Iss. 10 24 May 2007, pp 616 - 120*

This article discusses the development of research synthesis as a method for creating evidence for nursing practice.

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Gain Access to [Mental Health Journals](#) via the Portal, Wondering what's available in Mental Health Journals, now with just a few clicks you can search the [A - Z list of Journals](#) on the Portal. **Remember** if you can only access the **abstract** just take the details of the reference, email or phone the library and we will send you the full-text back either by email or post, couldn't be easier. **New titles** are being added weekly keep checking or email susan.jennings@lancashirecare.nhs.uk, to recommend a title.

New Library Mental Health Portal Makes Keeping Up-to-Date Easy - Lancashire Care Library & Information Service launches a new service to: 'Help lift the lid on Mental Health Information and Resources'.

Click on at: <http://lancashirecare.wordpress.com> updated daily.

| Journal Articles | Reports/Documents | Recommended Resources |
|---|--|--|
| <p>Mahadun, P.N. & Marshall, M (2008) Psychiatric Bulletin 32(2) 53 Insight and treatment attitude in schizophrenia: Comparison of patients on depot and atypical antipsychotics</p> <p>Duperouzel, H & Fish, R. (2008) British Journal of Learning Disabilities, 36 (1), 59 Why couldn't I stop her? Self-injury: The views of staff and clients in a medium-secure unit.</p> <p>Cole, J et al. (2008) British Journal of Psychiatry, 192 (2) 83 The classification of depression: Are we still confused?</p> <p>Craig, D (2008) Occupational Therapy in Health Care, 22(1) 73-95 An overview of evidence-based support for the therapeutic use of music in occupational therapy.</p> <p>Sheard, D (2008) The Journal of Dementia Care, 16 (1) 15-17 Less doing - more being person-centred</p> <p>Dobson, K. S. (2008) Evidence-Based Mental Health, 11 (1) 12 (Commentary) Cognitive behavioural therapy and interpersonal therapy comparably effective for major depression. Abstracted from: Luty, S.E. et al. (2007) British Journal of Psychiatry, 190 496-502 Randomized controlled trial of interpersonal psychotherapy and cognitive behavioural therapy for depression.</p> | <p><u>Mental Health & Ill Health in Doctors</u> http://lancashirecare.wordpress.com/2008/02/22/doctors-health-mental-health-and-ill-health-in-doctors/</p> <p>This report looks at mental health and ill health in doctors and the factors that influence them. It outlines ways in which the NHS can provide appropriate services and encourage doctors and other health care workers to seek early advice and support for mental health problems.</p> <p><u>Court Work - Final Report of a Scoping Group</u></p> <p>This report sets out the Royal College of Psychiatrists view of the complex issue of the involvement of psychiatrists in legal processes. The basic principles and recommendations provided are intended to be helpful to psychiatrists within any legal system.</p> <p><u>Failing Families, February 2008, Beat.</u> No one who loves and cares for someone with an eating disorder should feel ashamed; no one should feel so responsible and so alone. Yet time after time, families tell us that is exactly what they are feeling. Excluded by healthcare professionals, isolated from friends and other family members, without proper information, without adequate support, they cope on their own. No wonder they feel that they are failing.</p> <p><u>Improving Access To Psychological Services Implementation Plan: National Guidelines for Regional Delivery, 26th February, De-</u></p> | <p><u>National Library for Health</u></p> <p>Did you know that Mental Health & Learning Disabilities have their own specialist libraries. Take a look!</p> <p><u>Eating Disorder Awareness Week (EDAW)</u></p> <p>25th Feb - 2nd March 2008</p> <p>Check out this site for publications, information and awareness of eating disorders. Helping you understand eating disorders.</p> <p>Eating Disorders & Binge Drinking</p> <p>Thompson-Brenner, H et al (2008) Journal of Child Psychology & Psychiatry, 49 (2) 170-180 Personality sub-types in adolescents with eating disorders: Validation of a classification approach.</p> <p>Conrod, P.J. et al. (2008) Journal of Child Psychology and Psychiatry, 49 (2) 181-190 Personality-targeted interventions delay the growth of adolescent drinking and binge drinking.</p> |