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Lancashire Care Lifting the Lid on Mental Health Information

Current Awareness in Mental Health



Keep Up-to-date with Current Mental Health Information at our new Portal:
<http://lancashirecare.wordpress.com> available 24hours a day

Carmel Jackie Viv Sue
The Library Team

Lancashire care Foundation Trust Goes Global with new Mental Health Portal for all Staff and Users



Only 1 Month to Save your Saved Searches and Alerts from Dialog Datastar

Due to the changes within NLH it is imperative that you now save your existing searches to the new NLH 2.0.
To be able to do this please follow these steps:

Step 1: Go to the Dialog home page <http://nhs.dialog.com> - Click on Search databases, you will be taken to the list of Dialog databases (Medline, Embase, Cinahl) **Step 2:** Copying Your Saved Searches - Click on advanced search button, to the left of the database, Click on Saved Searches at the top, Expand your search strategy by clicking on the expand icon: Once you have expanded your search strategy you can either: Copy and paste it into a Word document - Or print it off. **Step 3:** Copying your alerts: Repeat **Step 2** by clicking on the Alerts button to the right of Saved Searches in the black bar at the top. **Search and Alerts will need to be re-entered into Search 2.0**

Journal Articles	Reports/Documents	Recommended Resources
<p>Van Apeldoorn, F J et.al.(2008) Acta Psychiatrica Scandinavica 117 (4) 260-270 Is a combined therapy more effective than either CBT or SSRI alone? Results of a multicenter trial on panic disorder with or without agoraphobia.</p> <p>Forrester, A et.al. (2008) Journal of Forensic Psychiatry and Psychology, 11th March The evolution of mental disorder as a legal category in England & Wales.</p> <p>Zoellner, T et.al. (2008) Journal of Clinical Psychology, 63 (3) 245-263 Posttraumatic growth in accident survivors: Openness and optimism as predictors of its constructive or illusory sides.</p> <p>Wise, T N (2008) Current Opinion in Psychiatry, 21 (2) 196 Update on consultation-liaison psychiatry (psychosomatic medicine)</p> <p>Cooper, C et. al. (2008) British Journal of Psychiatry, 192 185-190 Perceptions of disadvantage, ethnicity and psychosis</p> <p>Learmonth, D (2008) British Journal of Clinical Psychology, 47 (1) 111-118 Taking computerized CBT beyond primary care.</p> <p>Dowson, J H (2008) Acta Psychiatrica Scandinavica 117 (4) Characteristics of adults with attention-deficit/hyperactivity disorder and past conduct disorder</p>	<p><u>Audit throws spotlight on violence in Mental Health Units and highlights areas for action.</u></p> <p>These findings are the second national audit of violence in mental health services conducted on behalf of the Healthcare Commission by the Royal College of Psychiatrists.</p> <p>More than half of nurses on mental health wards report being physically assaulted at work. The figure rises to almost three-quarters for mental health nurses working on wards for patients with disorders such as dementia.</p>  <p><u>Anger Management Boiling Point -A campaign by the Mental Health Foundation</u></p> <p>The report shows that problem anger is left untackled in the UK despite being linked to: aggression, family breakdown, physical and mental health problems.</p> <p>The report also says that problem anger is not a mental illness in itself, but many of the everyday tools used in mental health - such as talking therapies - can be applied to help people cope better with anger.</p> <p><u>Transition: Moving on Well</u> <i>Department of Health, 19th March 2008</i></p> <p>A good practice guide on effective transition from children's to adult services for young people with complex health needs.</p> <p>The guide will help ensure that the young person and their family is better prepared for the move to adult care and that the adult care team has been</p>	<p>Study Skills</p> <p>New Study Skills Books Available Now at the Library</p> <p>Ranging from basic study skills to PhD, check the catalogue, email us or give us a call on: 01772 773510</p> <p>Easy Steps — Literature Review</p> <p><i>Never done a literature review, have done and not quite sure if you have done it correctly, take a look at this user friendly guide to doing a literature review.</i></p> <p><u>Undertaking a literature review: A step-by-step approach.</u> Cronin, P <i>British Journal of Nursing, (2008) 17 (1) 38-43</i></p> <p><u>Step-by-step guide to critiquing research:Part 1 Quantitative Research</u></p> <p>Coughlin, M (2007)British Journal of Nursing, 16 (11) 658-663</p> <p><i>When caring for patients it is essential that nurses are using the current best practice. To determine what this is, nurses must be able to read research critically.</i></p> <p><u>Step-by-step guide to critiquing research:Part 1 Qualitative Research</u></p> <p>Ryan, F (2007)British Journal of Nursing, 16 (12) 738-744</p>