

Date: June 2008
Volume 1 Issue 9

Lancashire Care NHS Foundation Trust
Library & Information Service
Lantern Centre, Vicarage Lane, Preston, PR2 8DY
Tel: 01772 773510
Web: <http://lancashirecare.wordpress.com>
Email: academic.library@lancashirecare.nhs.uk

Lancashire Care Lifting the Lid on Mental Health Information

Current Awareness in Mental Health



Carmel Jackie Viv Sue
The Library Team

Keep Up-to-date with Current Mental Health Information at our new Portal:
<http://lancashirecare.wordpress.com> available 24hours a day



Lancashire Care Foundation Trust Goes Global with new Mental Health Portal for all Staff and Users



PROVE IT!

Here are some of our books to help you do this:

Systematic Reviews to Support Evidence-based Medicine:
Occupational Therapy Evidence in Practice for Mental Health
Evidence-based Psychopharmacology
Evidence-based Nursing—a guide to clinical practice.
Art Therapy, Research and Evidence-based Practice.

More titles are available — have a look at our library catalogue or call ...

For training, advise on how to access Journals, Ebooks or Athens username and password please email:
susan.jennings@lancashirecare.nhs.uk

If you would like any of the articles featured in this bulletin please email or call. There is now an [Archive of Past Issues](#) available click on this link.

Journal Articles

Craddock, N. et al. (2008) British Journal of Psychiatry 193 (1) 6-9
[Wake-up call for British psychiatry.](#)

Buysse, D.J. (2008) American Journal of Psychiatry 165 (6) 678-686
[Chronic insomnia](#)

McKenzie, K (2008) Advances in Psychiatric Treatment
[Improving mental health for ethnic minorities.](#)

Aberhalden, C. et al.(2008) British Journal of Psychiatry 193 (1) 44-50
[Structured risk assessment and violence in acute psychiatric wards: randomised controlled test.](#)

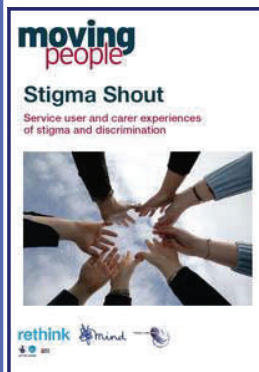
Tulloch, A. D. et al. (2008) Social Psychiatry and Psychiatric Epidemiology 43 (7) 569-574
[The determinants and outcomes of long-stay psychiatric admissions.](#)

Dobson, K.S. et al. (2008) Journal of Consulting and Clinical Psychology 76 (3) 468-477
[Randomized trial of behavioural activation, cognitive therapy and antidepressant medication in the prevention of relapse and recurrence in major depression.](#)

Schulte, S. & Holland, M. (2008) Mental Health and Substance Use: dual diagnosis 1 (2) 118-124
[Dual diagnosis in Manchester, UK: practitioners' estimates of prevalence rates in mental health & substance misuse services.](#)

Reports/Documents

Stigma Shout July 2008



4000 people are affected by mental health problems across England took part in Stigma Shout the largest ever survey about stigma and discrimination. 87% of people had direct personal experience of stigma & discrimination.

NICE Guidance

Mental wellbeing of older people: effectiveness & cost effectiveness review— final 15th July 2008

This review has six positive robust evidence statements, relating to exercise and physical activity, group-based health promotion and non-clinical psychological interventions.

Top 10 Most Read Articles from Dementia



Support, time and recovery (STR) workers: a competence framework: best practice guidance 3rd July 2008 This best practice guidance sets out the background, purpose, and development of the Competence Framework for Support, Time and Recovery (STR) workers.

Focus on Evidence-Based Practice



Step to it: A toolkit for Evidence-Based Practice

Practice Development in Health Care, Vol.6 (4) 2007, Pg.213-220

Evidence-based practice in clinical psychology: What it is, why it matters; what you need to know

Journal of Clinical Psychology, Volume 63, Issue 7, Date: July 2007, Pages: 611-631

The medium, the message, and evidence-based practice.

Issues in Mental Health Nursing, Mar 2008, Vol.29 3 , pg.319-327

Cognitive-behavioural treatment for anxiety in patients with dementia: Two case studies in psychiatric practice, 14 (3) May 2008, pg 186-192

Yoga as a complementary treatment of depression: Effects of traits and moods on treatment outcome.

Evidence Based Complementary Alternative Medicine, 2007, 4 pg.493-502

Evidence-Based Practice Learning Disability Health Needs Annual Evidence Update 2008 from the NLH